2023 BIG IDEA FORUM MENU



Monday, November 14

DINNER Caesar Salad

Chef's Choice / Fresh Catch

Homestyle Meatloaf

Vegetarian Lasagna (for vegetarians)

Roasted Red Bliss Potatoes Slow Cooked Green Beans

Cheesecake

Tuesday, November 15

BREAKFAST Regular and Decaf Coffee, Hot Cocoa, Tea

Orange & Cranberry Juice Sliced Seasonal Fruit & Berries White and Wheat Bread/Toast, Fruit

preservatives

Scrambled Eggs and Bacon

AM BREAK Hot Beverage Service

LUNCH Chef's Seasonally Inspired Soup

Seasonal Greens | Blackberries, Crumbled

Goat Cheese, Candied Walnuts, Blackberry-Balsamic Vinaigrette

Fingerling & Sweet Potato Salad (V) |

Fingerling Potatoes, Sweet Potatoes, Red Onion, Celery, Red Bell Pepper, Grain

Mustard, Yogurt Dressing

Classic Italian Submarine Sandwich | Genoa

Salami, Capicola, Provolone, Lettuce,

Tomato, Red Wine Vinaigrette

Avocado Sandwich on Multigrain Bread |

Avocado, Alfalfa Sprouts, Sesame Seeds, Toasted Poppy Seeds, Pumpkin Seeds,

Toasted Sesame Soy Mayo

Oven Roasted Turkey Breast and Swiss on

Ciabatta | Cranberry Apple Chutney, Greens,

Tomatoes, Red Onion

Terra Chips

Chef's Signature Bread Pudding

Homemade Shortcake | Fresh Berries &

Whipped Cream

Tuesday, November 15 (cont'd)

PM BREAK Cold Beverage Service

Decadent Fudge Brownies Chocolate Chunk Blondies Assorted Home Baked Cookies

DINNER See Il Fornaio Menu Options

NOTE: Alcoholic beverages available for purchase;

checks to be issued on a per-table basis. We recommend bringing cash or arranging Venmo/other digital payment to settle bill

Wednesday, November 16

BREAKFAST Regular and Decaf Coffee, Hot Cocoa, Tea

Orange & Cranberry Juice Sliced Seasonal Fruit & Berries White and Wheat Bread/Toast, Fruit

preservatives

Scrambled Eggs and Sausage Links

Thursday, November 17

BREAKFAST Regular and Decaf Coffee, Hot Cocoa, Tea

Orange & Cranberry Juice Sliced Seasonal Fruit & Berries Freshly Baked Morning Pastries &

Sweet Breads

Mediterranean Frittata

LUNCH Chef's Seasonally Inspired Soup

Assorted Rolls and Sweet Butter

Baby Field Greens Salad | Grape Tomato, English Cucumber, Julienne Vegetable,

Balsamic Vinaigrette

Arugula Salad | Black Olives, Spiced Pecans,

Sherry Vinaigrette

Mediterranean Quinoa Salad | Diced Red Onion, Bell Peppers, Kalamata Olives, Feta,

Herb Vinaigrette

Pan-Seared Chicken Breast | Lemon, Capers, Oven-Dried Tomatoes, Roasted Potatoes Grilled Salmon | Herbed Garlic Butter, Red

Pepper Risotto

Grilled Flank Steak | Peppers, Green Onions,

Balsamic Jus

Bouquet of Marinated and Grilled Vegetables

Fruit Tart of the Season | Fruit Coulis Tiramisu | Espresso-Soaked Lady Fingers,

Cocoa and Mascarpone